

30km女子高校生以上

順位	No	氏名	記録	LAP1	LAP2	LAP3	LAP4	LAP5	LAP6	LAP7	LAP8	LAP9	LAP10	LAP11	LAP12
1	3140	横井 由貴子	2:31:05	0:12:44	0:25:15	0:37:34	0:49:56	1:02:17	1:14:52	1:27:30	1:40:17	1:52:51	2:05:33	2:18:18	2:31:05
					0:12:31	0:12:19	0:12:22	0:12:21	0:12:35	0:12:38	0:12:47	0:12:34	0:12:42	0:12:45	0:12:47
2	3138	高 知愛	2:36:33	0:12:44	0:25:17	0:38:03	0:50:52	1:03:41	1:16:43	1:29:46	1:43:02	1:56:13	2:09:46	2:23:19	2:36:33
					0:12:33	0:12:46	0:12:49	0:12:49	0:13:02	0:13:03	0:13:16	0:13:11	0:13:33	0:13:33	0:13:14
3	3136	森本 恭子	2:36:42	0:12:45	0:25:27	0:38:24	0:51:27	1:04:28	1:17:35	1:30:56	1:43:54	1:56:55	2:10:18	2:23:28	2:36:42
					0:12:42	0:12:57	0:13:03	0:13:01	0:13:07	0:13:21	0:12:58	0:13:01	0:13:23	0:13:10	0:13:14
4	3137	澄川 美穂	2:37:21	0:13:13	0:26:06	0:39:05	0:52:10	1:05:09	1:18:20	1:31:30	1:44:45	1:57:57	2:11:11	2:24:25	2:37:21
					0:12:53	0:12:59	0:13:05	0:12:59	0:13:11	0:13:10	0:13:15	0:13:12	0:13:14	0:13:14	0:12:56
5	3135	佐々木 雅子	2:51:03	0:15:13	0:29:20	0:43:22	0:57:26	1:11:44	1:26:20	1:40:37	1:54:56	2:09:12	2:23:44	2:37:56	2:51:03
					0:14:07	0:14:02	0:14:04	0:14:18	0:14:36	0:14:17	0:14:19	0:14:16	0:14:32	0:14:12	0:13:07
6	3134	松田 紀子	2:56:03	0:15:24	0:30:06	0:44:41	0:59:28	1:14:04	1:28:41	1:43:26	1:57:54	2:12:23	2:26:58	2:41:33	2:56:03
					0:14:42	0:14:35	0:14:47	0:14:36	0:14:37	0:14:45	0:14:28	0:14:29	0:14:35	0:14:35	0:14:30
7	3141	藤原 裕美	2:57:00	0:14:44	0:29:04	0:43:11	0:57:30	1:11:54	1:26:27	1:40:53	1:55:39	2:10:49	2:26:25	2:42:25	2:57:00
					0:14:20	0:14:07	0:14:19	0:14:24	0:14:33	0:14:26	0:14:46	0:15:10	0:15:36	0:16:00	0:14:35
8	3139	亀島 朋美	3:14:09	0:15:30	0:30:08	0:44:53	0:59:57	1:15:12	1:30:37	1:46:03	2:02:02	2:18:43	2:36:43	2:55:25	3:14:09
					0:14:38	0:14:45	0:15:04	0:15:15	0:15:25	0:15:26	0:15:59	0:16:41	0:18:00	0:18:42	0:18:44